



A **Benchmark** is a standard by which something can be measured or judged; a standard of excellence or achievement. How do you measure your success? What benchmarks are you using to determine how successful you are and by whose comparison? Success is defined in many ways by different people. Some would define success as having enough money to do all the things you want to do; while others would define it as having a fulfilling job.

There are some **components of success** that can work for most people. Those components are *maintaining a positive attitude, possessing the right set of skills, having a healthy philosophy about life, knowing yourself and having clarity about what you want to do in life.*

In addition to these components, there are **five actions** to consider:

1. **Focus on what you can do** rather than what you cannot do. Do not allow fear paralyze you.
2. It is easy to get entangled in microwave thinking; instant gratification may satisfy for the moment but **building a legacy** of success takes more time.
3. **Feed your mind and spirit the things that will fortify** such as reading uplifting books that reinforce good beliefs and helps you build confidence and further solidify your positive attitude to expect great things.

4. **Learn from and let go of your past.** Our past mistakes keeps us in bondage if we do not learn from them and let go. We must make peace with our past so that we can live in the now moment; the present. When we do, we can see our future more clearly and make way for our successes.

5. A servant's heart. On your journey, there will be successes and there will be opportunities to correct and refine. **Allow the opportunities to come fully** so that you can make the changes necessary to be a better person and help someone else along your path to success by exhibiting a servant's heart.

TAKE POSITIVE ACTION:

No matter how you choose to measure your success or what specific benchmarks you use as your standard of success; there are five positive actions that will help you reach your goals if you put them to work in your life:

1. Give yourself permission to be successful
2. Give yourself the gift of patience
3. Give yourself the gift of positive expectancy
4. Give yourself the gift of learning and letting go
5. Give yourself the gift of servant hood